**CORONAFEIRWS (COVID-19): DIWEDDARIAD WYTHNOSOL I DDARPARWYR GOFAL**

**9 December / 9 Rhagfyr**

**CORONAVIRUS (COVID-19): WEEKLY UPDATE FOR CARE PROVIDERS**

Mae Darparwyr Gofal yn rhoi gefnogaeth hanfodol i'r dinasyddion sydd fwyaf mewn perygl yn ein cymunedau, ac mae arweinyddiaeth gofal cymdeithasol yng Nghymru yn falch o’ch ymrwymiad parhaol a'ch gwaith caled.

Dylid darllen y bwletin gwybodaeth hon ar y cyd â'r cyngor diweddaraf gan [Iechyd Cyhoeddus Cymru (PHW)](https://icc.gig.cymru/) a [Llywodraeth Cymru](https://llyw.cymru/coronafeirws?_ga=2.162398780.1882009057.1586261918-1103641685.1527759350).

**Gellir gweld y bwletin hwn a bwletinau blaenorol hefyd ar wefan** [**ADSS Cymru**](https://www.adss.cymru/cy/category/coronavirus-covid-19) **–** os oes gennych unrhyw ymholiadau, cysylltwch â [rachel.pitman@adss.cymru](mailto:rachel.pitman@adss.cymru)  
Care Providers give critical support to the most at-risk citizens in our communities, and the leadership of social care in Wales is proud for your continued commitment and hard work.

This information bulletin should be read in conjunction with the most recent advice from [Public Health Wales (PHW)](http://www.phw.nhs.wales) and [Welsh Government](http://www.gov.wales/coronavirus-covid19).

**This bulletin and previous bulletins can also be found on the** [**ADSS Cymru website**](https://www.adss.cymru/en/category/coronavirus-covid-19)– if you have any queries, please contact [rachel.pitman@adss.cymru](mailto:rachel.pitman@adss.cymru)

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| **Pwnc** | **Manylion** | **Dolen** |  | **Topic** | **Detail** | **Link** |
| **Iechyd Cyhoeddus Cymru** | | |  | **Public Health Wales** | | |  |  |  |  |
| **Mae Brechu yn achub bywydau – taflenni gwybodaeth a phosteri i’r gweithle** | Mae Iechyd Cyhoeddus Cymru wedi cynhyrchu'r taflenni gwybodaeth / posteri canlynol. Lawrlwythwch, argraffwch a chylchredwch ar draws eich rhwydweithiau.   * Gwybodaeth am frechiad COVID-19 i oedolion * Beth i'w ddisgwyl ar ôl eich brechiad COVID-19 * Gwybodaeth am frechiad COVID-19 ar gyfer staff iechyd a gofal cymdeithasol   Defnyddiwch y ddolen we os nad ydych yn gallu cyrchu'r dogfennau atodedig. | [Dolen i’r adnoddau](https://icc.gig.cymru/pynciau/imiwneiddio-a-brechlynnau/gwybodaeth-brechlyn-covid-19/adnoddau-i-weithwyr-proffesiynol-iechyd-a-gofal-cymdeithasol/) |  | **Vaccination saves lives – Information sheets and workplace posters** | Public Health Wales have produced the following information sheets/posters. Please download, print and circulate across your networks.   * Information on COVID-19 vaccination for adults * What to expect after your COVID-19 vaccination * COVID-19 vaccination information for health and social care staff   Please use the weblink if you are unable to access the attached documents. | [Link to resources](https://phw.nhs.wales/topics/immunisation-and-vaccines/covid-19-vaccination-information/resources-for-health-and-social-care-professionals/) |
| **Diweddariad Holi ac Ateb  ar-lein** | Mae'r Holi ac Ateb ar-lein wedi'i ddiweddaru ers y cyhoeddiad y bydd y brechlyn yn cael ei gyflwyno. | [https://icc.gig.cymru/pynciau/imiwneiddio-a-brechlynnau/gwybodaeth-brechlyn-covid-19](https://icc.gig.cymru/pynciau/imiwneiddio-a-brechlynnau/gwybodaeth-brechlyn-covid-19/ynglyn-ar-brechlyn/) |  | **Online Q&A updated** | The online Q&A has been updated since the announcement of the covid vaccine rollout. | [https://phw.nhs.wales/topics/immunisation-and-vaccines/covid-19-vaccination-information](https://phw.nhs.wales/topics/immunisation-and-vaccines/covid-19-vaccination-information/about-the-vaccine/) |
| **Gofal Cymdeithasol Cymru** | | |  | **Social Care Wales** | | |  |  |  |  |
| **Cefnogaeth llesiant i’r sector gofal cymdeithasol yn ystod Covid-19** | Mae Gofal Cymdeithasol Cymru wedi casglu gwybodaeth ac adnoddau i gefnogi gweithwyr gofal cymdeithasol i aros yn iach yn ystod y pandemig coronafirws, gan gynnwys poster i'w lawrlwytho, ei argraffu a'i gylchredeg ar draws eich rhwydweithiau. | [Dolen i rhagor o adnoddau](https://gofalcymdeithasol.cymru/gwella-gwasanaethau/adnoddau-gefnogi-eich-iechyd-a-llesiant-yn-ystod-y-pandemig-coronafeirws-covid-19) |  | **Well-being support for the social care sector during Covid-19** | Social Care Wales has compiled information and resources to support social care workers on staying well during the coronavirus pandemic, including a poster to download, print and circulate across your networks. | [Link to more resources](https://socialcare.wales/service-improvement/health-and-well-being-resources-to-support-you-during-the-coronavirus-covid-19-pandemic) |
| **Fframwaith Iechyd a Lles – dweud eich barn** | Mae Gofal Cymdeithasol Cymru wedi comisiynu Practice Solutions i gasglu barn y gweithlu gofal cymdeithasol i ddatblygu ei fframwaith iechyd a lles, a fydd yn gosod safonau clir i ddiogelu gweithwyr yn eu proffesiynau. Mae sawl ffordd o roi eich barn: 1) trafodaethau panel ar-lein, 2) arolwg, 3) trafodaethau tîm yn y gweithle, 4) sylwadau uniongyrchol. | <https://www.practicesolutions-ltd.co.uk/en/page/scw-wellbeing> |  | **Health and Wellbeing Framework – give your views** | Social Care wales has commissioned Practice Solutions to gather the views of the social care workforce to develop its health and wellbeing framework, which will set clear standards to safeguard workers in their professions. There are several ways to give your views: 1) online panel discussions, 2) survey, 3) workplace team discussions, 4) direct comments. | <https://www.practicesolutions-ltd.co.uk/en/page/scw-wellbeing> |
| **Llywodraeth Cymru** | | |  | **Welsh Government** | | |  |  |  |  |
| **Addysg bellach: coronafeirws** | Newidiadau i ddysgu, arholiadau, a mynd i’r ysgol a’r coleg yn ystod pandemig y coronafeirws. | [https://llyw.cymru/addysg-bellach-ac-addysg-uwch-coronafeirws](https://llyw.cymru/addysg-bellach-ac-addysg-uwch-coronafeirws?_ga=2.59021741.1054032803.1607430072-768988515.1560846930) |  | **Further education: coronavirus** | Changes to learning, exams, and attending schools and colleges during the coronavirus pandemic. | <https://gov.wales/further-and-higher-education-coronavirus> |
| **Canllawiau arholiadau ac asesu: 2020 i 2021** | Gwybodaeth am arholiadau ac asesiadau, gan gynnwys Safon Uwch, yn ystod pandemig coronaidd y galon. | [https://llyw.cymru/canllawiau-arholiadau-ac-asesu-2020-i-2021](https://llyw.cymru/canllawiau-arholiadau-ac-asesu-2020-i-2021?_ga=2.89520539.1054032803.1607430072-768988515.1560846930) |  | **Examination and assessment guidance: 2020 to 2021** | Information on examinations and assessments, including A levels, during the coronavirus pandemic. | <https://gov.wales/examination-and-assessment-guidance-2020-2021> |
| **Datganiad Ysgrifenedig: Dosbarthu Brechlyn COVID-19 yng Nghymru** | Datganiad ysgrifenedig gan Vaughan Gething, Y Gweinidog Iechyd a Gwasanaethau Cymdeithasol | [https://llyw.cymru/datganiad-ysgrifenedig-dosbarthu-brechlyn-covid-19-yng-nghymru](https://llyw.cymru/datganiad-ysgrifenedig-dosbarthu-brechlyn-covid-19-yng-nghymru?_ga=2.25703869.1054032803.1607430072-768988515.1560846930) |  | **Written Statement: COVID-19 Vaccine Deployment in Wales** | Written statement by Vaughan Gething MS, Minister for Health and Social Services | <https://gov.wales/written-statement-covid-19-vaccine-deployment-wales-1> |
| **Deddfwriaeth y coronafeirws a chanllawiau ar y gyfraith** | Pasiwyd y cyfreithiau a'r canllawiau ar y cyfreithiau hyn yng Nghymru mewn ymateb i bandemig coronafeirws. | [https://llyw.cymru/deddfwriaeth-y-coronafeirws-chanllawiau-ar-y-gyfraith](https://llyw.cymru/deddfwriaeth-y-coronafeirws-chanllawiau-ar-y-gyfraith?_ga=2.133575950.1054032803.1607430072-768988515.1560846930) |  | **Coronavirus legislation and guidance on the law** | The laws and guidance on these laws passed in Wales in response to the coronavirus pandemic. | <https://gov.wales/coronavirus-legislation-and-guidance-law> |
| **Datganiad Llafar: Coronafeirws - Cyfyngiadau Mis Rhagfyr** | Datganiad ar lafar gan Mark Drakeford AS, Prif Weinidog | [https://llyw.cymru/datganiad-llafar-coronafeirws-cyfyngiadau-mis-rhagfyr](https://llyw.cymru/datganiad-llafar-coronafeirws-cyfyngiadau-mis-rhagfyr?_ga=2.53794344.1054032803.1607430072-768988515.1560846930) |  | **Oral Statement: Coronavirus - December Restrictions** | Oral statement given by Mark Drakeford MS, First Minister | <https://gov.wales/oral-statement-coronavirus-december-restrictions> |
| **Cyfarwyddydau Gwasanaethau Meddygol Sylfaenol (Darparu Gwasanaethau Meddygol Cyffredinol Hanfodol dros Gyfnod y Nadolig a’r Flwyddyn Newydd yn ystod y Pandemig COVID-19) (Gwasanaeth Ychwanegol o dan Gyfarwyddyd) 2020** | Cyfarwyddydau i alluogi gwasanaethau hanfodol meddygon teulu i fod ar gael dros gyfnod y Nadolgi a’r Flwyddyn Newydd. | [https://llyw.cymru/cyfarwyddydau-gwasanaethau-meddygol-sylfaenol-darparu-gwasanaethau-meddygol-cyffredinol-hanfodol-0](https://llyw.cymru/cyfarwyddydau-gwasanaethau-meddygol-sylfaenol-darparu-gwasanaethau-meddygol-cyffredinol-hanfodol-0?_ga=2.120601736.1054032803.1607430072-768988515.1560846930) |  | **The Primary Medical Services (Provision of Essential General Medical Services over the Christmas and New Year Period during the COVID-19 Pandemic) (Directed Enhanced Service) Directions 2020** | Directions to enable essential GP services to be available over the Christmas and New Year Period. | <https://gov.wales/primary-medical-services-provision-essential-general-medical-services-over-christmas-and-new-year-0> |
| **Rheoliadau Diogelu Iechyd (Cyfyngiadau Coronafeirws a Swyddogaethau Awdurdodau Lleol) (Diwygio) (Cymru) 2020** | Mae’r Rheoliadau hyn yn diwygio Rheoliadau Diogelu Iechyd (Cyfyngiadau Coronafeirws) (Rhif 4) (Cymru) 2020 a’r Rheoliadau Diogelu Iechyd (Cyfyngiadau Coronafeirws) (Swyddogaethau Awdurdodau Lleol etc.) (Cymru) 2020. | [https://llyw.cymru/rheoliadau-diogelu-iechyd-cyfyngiadau-coronafeirws-swyddogaethau-awdurdodau-lleol](https://llyw.cymru/rheoliadau-diogelu-iechyd-cyfyngiadau-coronafeirws-swyddogaethau-awdurdodau-lleol-diwygio-cymru?_ga=2.134009358.1054032803.1607430072-768988515.1560846930) |  | **The Health Protection (Coronavirus Restrictions and Functions of Local Authorities) (Amendment) (Wales) Regulations 2020** | These Regulations amend the Health Protection (Coronavirus Restrictions) (No. 4) (Wales) Regulations 2020 and the Health Protection (Coronavirus Restrictions) (Functions of Local Authorities etc.) (Wales) Regulations 2020. | <https://gov.wales/health-protection-coronavirus-restrictions-and-functions-local-authorities-amendment-wales> |
| **Cyflwyno clinigau grŵp rhithwir ar draws GIG Cymru** | Cyhoeddodd Vaughan Gething, y Gweinidog Iechyd, y bydd clinigau grŵp rhithwir ar draws Gwasanaeth Iechyd Gwladol (GIG) Cymru yn cael eu hehangu i gynnwys ymgyngoriadau grŵp rhithiwr, neu glinigau grŵp rhithiwr, ar gyfer cleifion allanol ar draws gwasanaethau gofal sylfaenol, gofal eilaidd a gofal yn y gymuned. | [https://llyw.cymru/cyflwyno-clinigau-grwp-rhithwir-ar-draws-gig-cymru](https://llyw.cymru/cyflwyno-clinigau-grwp-rhithwir-ar-draws-gig-cymru?_ga=2.99851806.1054032803.1607430072-768988515.1560846930) |  | **Virtual group clinics to be rolled out across NHS Wales** | Virtual consultations across NHS Wales services are to be expanded to include virtual group clinics, for outpatients across primary, secondary and community care, the Health Minister, Vaughan Gething has announced. | <https://gov.wales/virtual-group-clinics-be-rolled-out-across-nhs-wales> |
| **Y Prif Weinidog yn cyhoeddi’r cyfyngiadau teithio diweddaraf i atal coronafeirws** | Mae’r Prif Weinidog Mark Drakeford wedi cadarnhau na chaniateir teithio rhwng Cymru ac ardaloedd o gyfraddau coronafeirws uchel y DU o 6pm yfory (dydd Gwener 4 Rhagfyr). | [https://llyw.cymru/y-prif-weinidog-yn-cyhoeddir-cyfyngiadau-teithio-diweddaraf-i-atal-coronafeirws](https://llyw.cymru/y-prif-weinidog-yn-cyhoeddir-cyfyngiadau-teithio-diweddaraf-i-atal-coronafeirws?_ga=2.21487163.1054032803.1607430072-768988515.1560846930) |  | **First Minister announces latest coronavirus travel restrictions** | Travel between Wales and areas of the UK with high rates of coronavirus will not be allowed from 6pm tomorrow (Friday 4 December), First Minister Mark Drakeford has confirmed. | <https://gov.wales/first-minister-announces-latest-coronavirus-travel-restrictions> |
| **Datganiad Ysgrifenedig: Profion Covid-19 i weithwyr gofal iechyd a gofal cymdeithasol a staff hosbis** | Datganiad ysgrifenedig gan Vaughan Gething, AS, y Gweinidog Iechyd a Gwasanaethau Cymdeithasol.  Mae'r datganiad hwn hefyd yn cyfeirio at ddefnyddio profion llif unffordd mewn cartrefi gofal. | [https://llyw.cymru/datganiad-ysgrifenedig-profion-covid-19-i-weithwyr-gofal-iechyd-gofal-cymdeithasol-staff-hosbis](https://llyw.cymru/datganiad-ysgrifenedig-profion-covid-19-i-weithwyr-gofal-iechyd-gofal-cymdeithasol-staff-hosbis?_ga=2.24067514.1054032803.1607430072-768988515.1560846930) |  | **Written Statement: Covid-19 testing of health and social care workers and hospice staff** | Written statement by Vaughan Gething MS, Minister for Health and Social Services.  This statement also addresses the use of lateral flow tests in care homes. | <https://gov.wales/written-statement-covid-19-testing-health-and-social-care-workers-and-hospice-staff> |
| **Cyflwyno profion COVID cyflym rheolaidd i staff iechyd a gofal cymdeithasol y rheng flaen yng Nghymru** | Mae Vaughan Gething, y Gweinidog Iechyd, wedi cyhoeddi y bydd staff iechyd a gofal cymdeithasol y rheng flaen yng Nghymru sy’n asymptomatig yn cael eu profi yn rheolaidd. Bydd y profion yn cael eu cyflwyno’r mis hwn. | [https://llyw.cymru/cyflwyno-profion-covid-cyflym-rheolaidd-i-staff-iechyd-gofal-cymdeithasol-y-rheng-flaen-yng-nghymru](https://llyw.cymru/cyflwyno-profion-covid-cyflym-rheolaidd-i-staff-iechyd-gofal-cymdeithasol-y-rheng-flaen-yng-nghymru?_ga=2.86831768.1054032803.1607430072-768988515.1560846930) |  | **Regular rapid COVID testing of frontline health and social care staff in Wales introduced** | Health Minister, Vaughan Gething, has announced routine testing of asymptomatic frontline health and social care staff will start this month in Wales. | <https://gov.wales/regular-rapid-covid-testing-frontline-health-and-social-care-staff-wales-introduced> |
| **Rheoliadau coronafeirws: cwestiynau cyffredin** | Canllawiau i ddiogelu eich hun yn ystod cyfnod y coronafeirws a pha reolau sydd yn eu lle i ddiogelu pobl. | [https://llyw.cymru/rheoliadau-coronafeirws-canllawiau](https://llyw.cymru/rheoliadau-coronafeirws-canllawiau?_ga=2.88594843.1054032803.1607430072-768988515.1560846930) |  | **Coronavirus regulations: frequently asked questions** | Guidance on how you can keep safe during the outbreak and what rules are in place to protect people. | <https://gov.wales/coronavirus-regulations-guidance> |
| **Gorchuddion wyneb mewn ysgolion** | Gwybodaeth sy’n llywio’r penderfyniad ar wisgo gorchuddion wyneb mewn ysgolion. | [https://llyw.cymru/atisn14578](https://llyw.cymru/atisn14578?_ga=2.58626730.1054032803.1607430072-768988515.1560846930) |  | **Face coverings in schools** | Information informing the decision on wearing face coverings in schools. | <https://gov.wales/atisn14578> |
| **Cyngor ar y coronafeirws gan y Gell Cyngor Technegol** | Gwybodaeth i helpu gweinidogion ymateb i bandemig COVID-19 mewn modd sydd ym mudd pennaf pobl Cymru. | [https://llyw.cymru/cyngor-ar-y-coronafeirws-gan-y-gell-cyngor-technegol](https://llyw.cymru/cyngor-ar-y-coronafeirws-gan-y-gell-cyngor-technegol?_ga=2.130431503.1054032803.1607430072-768988515.1560846930) |  | **Advice on coronavirus from the Technical Advisory Cell** | Information to help ministers respond in the best interests of the Welsh population to the COVID-19 pandemic. | <https://gov.wales/advice-coronavirus-technical-advisory-cell> |
| **Cyfnod Atal Byr COVID-19** | Y wybodaeth y tu ôl i’r penderfyniad i gyflwyno cyfnod atal byr. | [https://llyw.cymru/atisn14447](https://llyw.cymru/atisn14447?_ga=2.96336412.1054032803.1607430072-768988515.1560846930) |  | **Covid-19 firebreak** | Information informing the decision to introduce the firebreak. | <https://gov.wales/atisn14447> |
| **Ffurfio swigen Nadolig gyda ffrindiau a theulu** | Canllawiau ar ffurfio swigen Nadolig gyda ffrindiau a theulu. | [https://llyw.cymru/ffurfio-swigen-nadolig-gyda-ffrindiau-theulu](https://llyw.cymru/ffurfio-swigen-nadolig-gyda-ffrindiau-theulu?_ga=2.99458718.1054032803.1607430072-768988515.1560846930) |  | **Making a Christmas bubble with friends and family** | Guidance on making a Christmas bubble with friends and family. | <https://gov.wales/making-christmas-bubble-friends-and-family> |
| **Canllawiau i awdurdodau lleol, safleoedd cymeradwy a mannau addoli ar briodasau a phartneriaethau sifil: coronafeirws** | Canllawiau i awdurdodau lleol a mannau addoli ar weinyddu priodasau a ffurfio partneriaethau sifil. | [https://llyw.cymru/canllawiau-ar-weinyddu-priodasau-ffurfio-partneriaethau-sifil-coronafeirws](https://llyw.cymru/canllawiau-ar-weinyddu-priodasau-ffurfio-partneriaethau-sifil-coronafeirws?_ga=2.96965023.1054032803.1607430072-768988515.1560846930) |  | **https://gov.wales/guidance-marriages-and-civil-partnerships-coronavirus** | Guidance to local authorities and places of worship on solemnisation of marriages and the forming of civil partnerships | <https://gov.wales/guidance-marriages-and-civil-partnerships-coronavirus> |
| **Dechrau cyflwyno brechlynnau COVID-19 yng Nghymru** | Mae Llywodraeth Cymru wedi cadarnhau y bydd y brechlyn COVID-19 cyntaf yn cael ei gyflwyno ar draws Cymru o heddiw (Dydd Mawrth 8 Rhagfyr 2020). | [https://llyw.cymru/dechrau-cyflwyno-brechlynnau-covid-19-yng-nghymru](https://llyw.cymru/dechrau-cyflwyno-brechlynnau-covid-19-yng-nghymru?_ga=2.53932712.1054032803.1607430072-768988515.1560846930) |  | **COVID-19 vaccine roll-out begins in Wales** | The first COVID-19 vaccine is being rolled-out across Wales from today (Tuesday 8 December 2020), the Welsh Government has confirmed. | <https://gov.wales/covid-19-vaccine-roll-out-begins-wales> |
| **Cyfleusterau profi coronafeirws rhanbarthol** | Mae capasiti profi Cymru wedi’i gefnogi gan rwydwaith helaeth o gyfleusterau ledled y wlad. | [https://llyw.cymru/cyfleusterau-profi-coronafeirws-rhanbarthol](https://llyw.cymru/cyfleusterau-profi-coronafeirws-rhanbarthol?_ga=2.24983994.1054032803.1607430072-768988515.1560846930) |  | **Regional coronavirus testing facilities** | Wales’ testing capacity is supported by an extensive network of facilities across the country. | <https://gov.wales/regional-coronavirus-testing-facilities> |
| **Pwerau awdurdodau lleol i osod cyfyngiadau o dan Reoliadau Diogelu Iechyd (Cyfyngiadau Coronafeirws) (Swyddogaethau Awdurdodau Lleol etc) (Cymru) 2020 (fel y'u diwygiwyd)** | Maent yn darparu canllawiau i awdurdodau lleol yng Nghymru ar yr hyn y mae'r rheoliadau yn caniatáu iddynt ei wneud. | [https://llyw.cymru/pwerau-awdurdodau-lleol-i-osod-cyfyngiadau-o-dan-reoliadau-diogelu-iechyd-cyfyngiadau-coronafeirws](https://llyw.cymru/pwerau-awdurdodau-lleol-i-osod-cyfyngiadau-o-dan-reoliadau-diogelu-iechyd-cyfyngiadau-coronafeirws?_ga=2.134528369.1054032803.1607430072-768988515.1560846930) |  | **Local authority powers to impose restrictions under the Health Protection (Coronavirus Restrictions) (Functions of Local Authorities etc) (Wales) Regulations 2020 (as amended)** | Provides guidance for local authorities in Wales on what the regulations allow them to do. | <https://gov.wales/local-authority-powers-impose-restrictions-under-health-protection-coronavirus-restrictions> |
| **Cynllunio ar gyfer dychweliad diogel myfyrwyr i brifysgolion Cymru yn y flwyddyn newydd** | Mae Llywodraeth Cymru wedi cyhoeddi cynlluniau ar gyfer dychweliad diogel myfyrwyr i brifysgolion Cymru ar ôl gwyliau'r Nadolig. | [https://llyw.cymru/cynllunio-ar-gyfer-dychweliad-diogel-myfyrwyr-i-brifysgolion-cymru-yn-y-flwyddyn-newydd](https://llyw.cymru/cynllunio-ar-gyfer-dychweliad-diogel-myfyrwyr-i-brifysgolion-cymru-yn-y-flwyddyn-newydd?_ga=2.62380332.1054032803.1607430072-768988515.1560846930) |  | **Plans for safe return of students to Welsh universities in new year** | The Welsh Government has announced plans for the safe return of students to Welsh universities after the Christmas break. | <https://gov.wales/plans-safe-return-students-welsh-universities-new-year> |
| **Cynllun taliadau £500 yn awr ar gael i rieni a gofalwyr plant sy’n gorfod hunanynysu** | Bydd rhieni a gofalwyr ar incwm isel y mae eu plant yn gorfod hunanynysu yn gymwys i gael taliad cymorth o £500. | [https://llyw.cymru/cynllun-taliadau-500-yn-awr-ar-gael-i-rieni-gofalwyr-plant-syn-gorfod-hunanynysu](https://llyw.cymru/cynllun-taliadau-500-yn-awr-ar-gael-i-rieni-gofalwyr-plant-syn-gorfod-hunanynysu?_ga=2.134608369.1054032803.1607430072-768988515.1560846930) |  | **£500 payment scheme now open to parents and carers of children required to self-isolate** | Parents and carers on low incomes with children who are self-isolating will be eligible for a £500 support payment. | <https://gov.wales/500-payment-scheme-now-open-parents-and-carers-children-required-self-isolate> |
| **Canllawiau ar angladdau: COVID-19** | Canllawiau ar gynnal a mynychu angladdau yn ystod y pandemig coronafirus. | [https://llyw.cymru/canllawiau-ar-angladdau-covid-19](https://llyw.cymru/canllawiau-ar-angladdau-covid-19?_ga=2.95787420.1054032803.1607430072-768988515.1560846930) |  | **Guidance on funerals: COVID-19** | Guidance on holding and attending funerals during the coronavirus pandemic. | <https://gov.wales/guidance-funerals-covid-19> |
| **Atgoffa o ymgynghoriad: Rhesymoli'r ddeddfwriaeth sy'n rheoli systemau llethu tân awtomatig mewn cartrefi gofal i blant** | Mae'r ymgynghoriad hwn yn ceisio barn ar gynigion i ddiwygio Rheoliadau Adeiladu 2010 i resymoli'r gweithdrefnau rheoleiddio sy'n goruchwylio systemau llethu tân awtomatig mewn cartrefi gofal i blant. Gwelir manylion pellach ar y ddolen ganlynol: | <https://llyw.cymru/systemau-llethu-tan-awtomatig-mewn-cartrefi-gofal-i-blant> |  | **Consultation reminder: Rationalising the legislation controlling automatic fire suppression systems in care homes for children** | This consultation seeks views on proposals to amend the Building Regulations 2010 to rationalise the regulatory procedures that oversee automatic fire suppression systems in care homes for children.  Further details can be found on the following web link: | [https://gov.wales/automatic-fire-suppression-systems-care-homes-children](https://eur01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fgov.wales%2Fautomatic-fire-suppression-systems-care-homes-children&data=04%7C01%7CWendy.Cudlip%40gov.wales%7C9dba4ab4e7174120acb908d8905f2d08%7Ca2cc36c592804ae78887d06dab89216b%7C0%7C0%7C637418085750600317%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C1000&sdata=CBbZkvCQCOwB%2FYMYbbtZUdE6BK3h0%2Fv9oVfDHXaG%2BmY%3D&reserved=0) |

**Dolenni defnyddiol / Useful links:**

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| Gofal Cymdeithasol Cymru – tudalennau gwe COVID-19  <https://gofalcymdeithasol.cymru/gwella-gwasanaethau/gwybodaeth-ac-adnoddau-ich-tywys-trwy-covid-19> | Social Care Wales – Covid-19 web pages:  <https://socialcare.wales/service-improvement/information-and-resources-to-guide-you-through-covid-19> |
| GofalwnCymru – Swyddi diweddaraf <https://www.wecare.wales/jobs/> | WeCareWales – Latest Jobs <https://www.wecare.wales/jobs/> |
| ADSS Cymru – Cefnogaeth i Ddarparwyr a Gomisiynwyd  <https://www.adss.cymru/cy/blog/post/covid19-commissioners> | ADSS Cymru – Support for Commissioned Providers  <https://www.adss.cymru/en/blog/post/covid19-commissioners> |
| Iechyd Cyhoeddus Cymru, Datganiadau Dyddiol am 2yp:  <https://covid19-phwstatement.nhs.wales/> | Public Health Wales, Daily 2pm Statements:  <https://covid19-phwstatement.nhs.wales/> |
| Dangosfwrdd Data Coronafeirws Iechyd Cyhoeddus Cymru  <https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary> | Public Health Wales Coronavirus Data Dashboard  <https://public.tableau.com/profile/public.health.wales.health.protection#!/vizhome/RapidCOVID-19virology-Public/Headlinesummary> |
| Arolygaeth Gofal Cymru, Cwestiynnau Cyffredin:  [https://arolygiaethgofal.cymru/coronafeirws-covid-19-cwestiynau-cyffredin](https://arolygiaethgofal.cymru/coronafeirws-covid-19-cwestiynau-cyffredin?_ga=2.267271049.609602227.1588083108-538153739.1530198658) | Care Inspectorate Wales, FAQs:  <https://careinspectorate.wales/coronavirus-covid-19-frequently-asked-questions-faqs> |